



THE MARG

Workshop Edition by The Junoon Foundation



MARG – The Path is Junoon Gurukul’s immersive journey into the world of classical dance, rooted in our belief that the arts are for everyone not just performers, but all who seek deeper connection and self-awareness. In keeping with Junoon’s vision of bringing high-quality artistic experiences into everyday life, MARG invites participants to step into the sacred rhythms of the classical dancer’s path. Built in the spirit of the modern Gurukul, where learning is collaborative and deeply personal, this workshop embodies Junoon’s ethos of inclusion, tradition, and transformation. Named MARG—meaning “the path”—this edition reflects not only the physical and emotional journey of a dancer, but also Junoon’s mission to make that path accessible, meaningful, and alive for every learner.



THE JUNOON GURUKUL APPROACH

The Junoon Gurukul is a platform committed to nurturing a deeper engagement with the arts by bringing high-quality artistic experiences into everyday spaces. We believe that the arts are essential—not just for artists, but for every individual seeking a more embodied, expressive, and conscious life.

Our programme is rooted in collaboration with master artists and aims to build a holistic understanding and appreciation for traditional and contemporary forms alike. Through workshops, lec-dems, residencies, and curated experiences, Junoon connects people with artistic practice in ways that are meaningful and inclusive.

We follow the Modern Gurukul format where Guru and Shishya and Mentor and Learner.

Teaching and learning from each other in an inclusive and traditional manner.



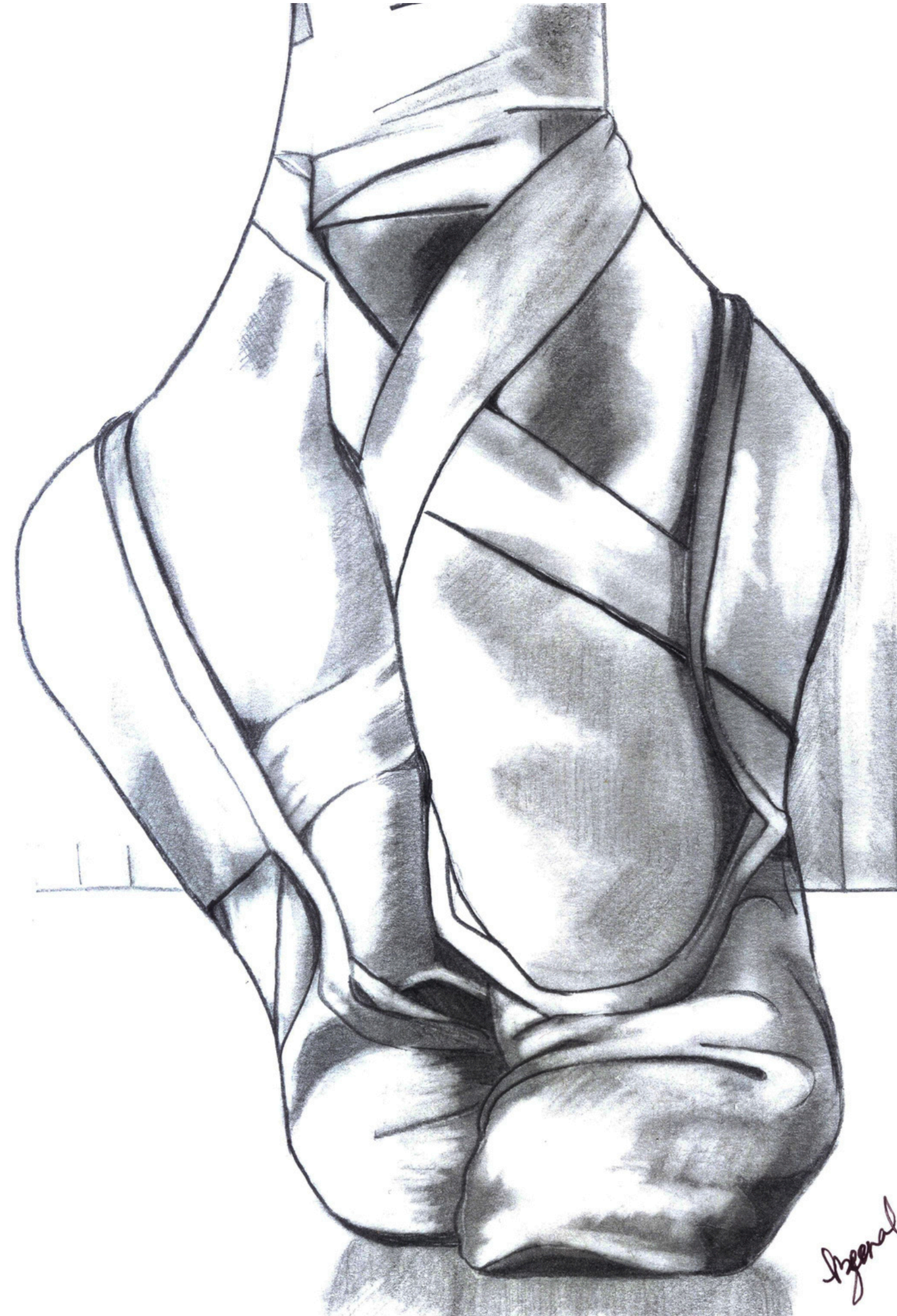
WHO IS THIS FOR?

This workshop is for anyone with a passion for classical dance and the arts. Open to all backgrounds and experience levels, it offers a unique opportunity to explore ancient movement traditions that connect body, mind, and story. Whether you're a Dancer, Artist, Educator, or curious explorer, you'll find inspiration and depth in this immersive experience.



WORKSHOP OUTLINE

3-Day Intensive Workshop





Day 1: FOUNDATIONS & FORM

Artistic Fitness (30 min)

Bharatanatyam & Ballet Fundamentals (60 min)

Dance Theory & History (30 min)

Reflection Session (30 min)



Day 2: MOVEMENT & MEANING

Barre Work + Bharatanatyam (45 min)

Music Theory (30 min)

Choreography & Storytelling (45 min)

Reflection Session (30 min)



Day 3: INTEGRATION & EXPRESSION

Fitness & Alignment Work (30 min)

Cross-training & Improvisation (30 min)

Repertoire Creation (45 min)

Reflection & Presentation (45 min)



WHY JOIN THIS WORKSHOP?

Gain a deeper understanding of classical dance as both a physical practice and
an intellectual pursuit

Learn about the professional journey and training of a dancer

Develop tools for body conditioning, alignment, and injury prevention

Explore the intersection of dance with music, history, and choreography

Reconnect with the arts as a meaningful, dynamic, and sustainable career path



SCOPE OF THE WORKSHOP: UP FOR LONG-TERM CONTRACTS

We at Junoon look forward to building a long-term partnership with your organization. As interest grows, we are ready to offer extended modules, progressive levels, and tailor-made workshops for different audiences. Our immersive and inclusive approach ensures that learners deeply engage with classical and traditional content in meaningful ways. We're just a message away to explore this evolving journey together.



We invite you to collaborate with Junoon in hosting this unique and powerful experience. Together, we can open new pathways for learning, moving, and thinking through the arts.

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WE ARE

JUNDOON